Gunnebah
Addiction Retreat

ADDICTION REHABILITATION PROGRAM

Gunnebah
Addiction Retreat

30 minutes to Gold Coast Airport
45 minutes to Byron Bay
12 minutes to hospital and all other emergency services

Gunnebah Addiction Retreat offers a comprehensive and holistic approach to addiction recovery, providing individuals with a nurturing and supportive environment to facilitate their journey towards sobriety and improved well-being.

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WHAT WE OFFER

Individual Rooms

Expert Staff

Our Own
Medical Doctor

Individual and Group
Therapy

Sub-tropical
Location

Gym, Pool & Sauna

Delicious &
Nutritious Food

Enjoyable Offsite
Activities

Friendly Animals

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PROGRAM OVERVIEW

Program duration:
Minimum 28 days
Recommended 84 days

Weekly Inclusions:
2 Individual therapy sessions per week
6 Group therapy sessions per week
Daily group fitness
Weekly Yoga and Meditation
Weekly Art therapy and Pottery
2 GP visits per week
Offsite activities

Continuation of care:
one on one therapy sessions
weekly group therapy sessions

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CONDITIONS WE TREAT

Our main focus is treating drug and alcohol substance addictions. Including, but not limited to

- Alcohol
- Marijuana
- Ice
- Prescription drugs
- Cocaine
- Synthetic drugs
- Gambling

We also treat other selected behavioural addictions that are in conjunction with substance addictions.

WE DO NOT TREAT:

Serious unmanaged mental health issues
Serious history of perpetrating violence
Eating disorders
Serious anger management issues

If unsure. give us a call to check

Our goal is to give you the tools for a recovery that lasts a lifetime

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APPLICATION PROCESS

A cost and obligation free assessment will be completed over the phone to ensure we are the right place for you.

To set up an assessment, call our main line on as they will arrange a call back with our admissions team to assess suitability.

Once approved, an intake date will be booked in.

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HOW TO FIND US

www.gunnebah.com.au

(02) 5661 9530

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